

Íslandsmeistaramótið í 25m laug  
Hafnarfjörður, 8. - 10.11.2019

Event Structure

**Session 1 - 1. hluti - undanrásir föstudags**      **25m, Lanes 1 - 8**      **8.11.2019 - 9:30**

<b>1. kvenna, 100m fjórsund</b> Ím25 : 1:14.19	-
<b>2. karla, 100m fjórsund</b> Ím25 : 1:06.60	-
<b>3. kvenna, 400m skriðsund</b> Ím25 50m: 5:11.48 - 25m: 5:03.89	-
<b>4. karla, 400m skriðsund</b> Ím25 50m: 4:53.41 - 25m: 4:45.81	-
<b>5. kvenna, 50m baksund</b> Ím25 50m: 35.96 - 25m: 35.08	-
<b>6. karla, 100m flugsund</b> Ím25 50m: 1:07.19 - 25m: 1:05.46	-
<b>7. kvenna, 200m flugsund</b> Ím25 50m: 2:41.32 - 25m: 2:37.39	-
<b>8. karla, 200m baksund</b> Ím25 50m: 2:31.44 - 25m: 2:27.52	-
<b>9. kvenna, 200m bringusund</b> Ím25 50m: 3:04.39 - 25m: 2:59.89	-
<b>10. karla, 100m bringusund</b> Ím25 50m: 1:17.79 - 25m: 1:15.78	-
<b>11. kvenna, 50m skriðsund</b> Ím25 50m: 0.95 - 25m: 30.09	-
<b>12. karla, 50m skriðsund</b> Ím25 50m: 28.12 - 25m: 27.57	-
<b>13. blandað, 4 x 50m fjórsund</b>	-

**Session 2 - 2. hluti - úrslit föstudags**      **25m, Lanes 1 - 8**      **8.11.2019 - 16:30**

<b>1. kvenna, 100m fjórsund</b> Ím25 : 1:14.19	-
<b>2. karla, 100m fjórsund</b> Ím25 : 1:06.60	-
<b>3. kvenna, 400m skriðsund</b> Ím25 50m: 5:11.48 - 25m: 5:03.89	-
<b>4. karla, 400m skriðsund</b> Ím25 50m: 4:53.41 - 25m: 4:45.81	-
<b>5. kvenna, 50m baksund</b> Ím25 50m: 35.96 - 25m: 35.08	-
<b>6. karla, 100m flugsund</b> Ím25 50m: 1:07.19 - 25m: 1:05.46	-
<b>7. kvenna, 200m flugsund</b> Ím25 50m: 2:41.32 - 25m: 2:37.39	-
<b>8. karla, 200m baksund</b> Ím25 50m: 2:31.44 - 25m: 2:27.52	-
<b>9. kvenna, 200m bringusund</b> Ím25 50m: 3:04.39 - 25m: 2:59.89	-
<b>10. karla, 100m bringusund</b> Ím25 50m: 1:17.79 - 25m: 1:15.78	-
<b>11. kvenna, 50m skriðsund</b> Ím25 50m: 0.95 - 25m: 30.09	-
<b>12. karla, 50m skriðsund</b> Ím25 50m: 28.12 - 25m: 27.57	-
<b>14. kvenna, 4 x 200m skriðsund</b>	-
<b>15. karla, 4 x 200m skriðsund</b>	-

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**Session 3 - 3. hluti - undanrásir laugardags 25m, Lanes 1 - 8 9.11.2019 - 9:30**

<b>16. kvenna, 400m fjórsund</b>	-
Ím25 50m: 5:54.78 - 25m: 5:39.50	
<b>17. karla, 1500m skriðsund</b>	-
Ím25 50m: 19:28.75 - 25m: 18:57.47	
<b>18. karla, 50m baksund</b>	-
Ím25 50m: 32.50 - 25m: 31.66	
<b>19. kvenna, 200m skriðsund</b>	-
Ím25 50m: 2:28.05 - 25m: 2:24.44	
<b>20. karla, 200m fjórsund</b>	-
Ím25 50m: 2:33.37 - 25m: 2:29.40	
<b>21. kvenna, 100m bringusund</b>	-
Ím25 50m: 1:25.57 - 25m: 1:23.49	
<b>22. karla, 50m bringusund</b>	-
Ím25 50m: 35.79 - 25m: 34.86	
<b>23. kvenna, 50m flugsund</b>	-
Ím25 50m: 33.45 - 25m: 32.64	
<b>24. karla, 100m skriðsund</b>	-
Ím25 50m: 1:02.54 - 25m: 1:00.92	
<b>25. kvenna, 100m baksund</b>	-
Ím25 50m: 1:16.55 - 25m: 1:14.68	
<b>26. karla, 200m flugsund</b>	-
Ím25 50m: 2:29.59 - 25m: 2:25.72	
<b>27. kvenna, 800m skriðsund</b>	-
Ím25 50m: 10:41.31 - 25m: 10:25.67	
<b>28. blandað, 4 x 50m skriðsund</b>	-

**Session 4 - 4. hluti - úrslit laugardags 25m, Lanes 1 - 8 9.11.2019 - 16:30**

<b>16. kvenna, 400m fjórsund</b>	-
Ím25 50m: 5:54.78 - 25m: 5:39.50	
<b>17. karla, 1500m skriðsund</b>	-
Ím25 50m: 19:28.75 - 25m: 18:57.47	
<b>18. karla, 50m baksund</b>	-
Ím25 50m: 32.50 - 25m: 31.66	
<b>19. kvenna, 200m skriðsund</b>	-
Ím25 50m: 2:28.05 - 25m: 2:24.44	
<b>20. karla, 200m fjórsund</b>	-
Ím25 50m: 2:33.37 - 25m: 2:29.40	
<b>21. kvenna, 100m bringusund</b>	-
Ím25 50m: 1:25.57 - 25m: 1:23.49	
<b>22. karla, 50m bringusund</b>	-
Ím25 50m: 35.79 - 25m: 34.86	
<b>23. kvenna, 50m flugsund</b>	-
Ím25 50m: 33.45 - 25m: 32.64	
<b>24. karla, 100m skriðsund</b>	-
Ím25 50m: 1:02.54 - 25m: 1:00.92	
<b>25. kvenna, 100m baksund</b>	-
Ím25 50m: 1:16.55 - 25m: 1:14.68	
<b>26. karla, 200m flugsund</b>	-
Ím25 50m: 2:29.59 - 25m: 2:25.72	
<b>27. kvenna, 800m skriðsund</b>	-
Ím25 50m: 10:41.31 - 25m: 10:25.67	
<b>29. karla, 4 x 100m skriðsund</b>	-
<b>30. kvenna, 4 x 100m skriðsund</b>	-

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**Session 5 - 5. hluti - undanrásir sunnudags 25m, Lanes 1 - 8 10.11.2019 - 9:30**

<b>31. karla, 400m fjórsund</b>	-
Ím25 50m: 5:31.04 - 25m: 5:22.46	
<b>32. kvenna, 1500m skriðsund</b>	-
Ím25 50m: 20:29.88 - 25m: 19:59.88	
<b>33. kvenna, 200m baksund</b>	-
Ím25 50m: 2:43.45 - 25m: 2:39.47	
<b>34. karla, 200m skriðsund</b>	-
Ím25 50m: 2:16.95 - 25m: 2:14.99	
<b>35. kvenna, 100m flugsund</b>	-
Ím25 50m: 1:13.43 - 25m: 1:11.64	
<b>36. karla, 50m flugsund</b>	-
Ím25 50m: 30.63 - 25m: 29.83	
<b>37. kvenna, 50m bringusund</b>	-
Ím25 50m: 39.90 - 25m: 38.93	
<b>38. karla, 200m bringusund</b>	-
Ím25 50m: 2:49.72 - 25m: 2:45.33	
<b>39. kvenna, 100m skriðsund</b>	-
Ím25 50m: 1:07.83 - 25m: 1:06.18	
<b>40. karla, 100m baksund</b>	-
Ím25 50m: 1:09.57 - 25m: 1:07.78	
<b>41. kvenna, 200m fjórsund</b>	-
Ím25 50m: 2:48.29 - 25m: 2:44.19	
<b>42. karla, 800m skriðsund</b>	-
Ím25 50m: 10:12.33 - 25m: 9:56.48	
<b>43. kvenna, 4 x 50m skriðsund</b>	-
<b>44. karla, 4 x 50m skriðsund</b>	-

**Session 6 - 6. hluti - úrslit sunnudags 25m, Lanes 1 - 8 10.11.2019 - 16:30**

<b>31. karla, 400m fjórsund</b>	-
Ím25 50m: 5:31.04 - 25m: 5:22.46	
<b>32. kvenna, 1500m skriðsund</b>	-
Ím25 50m: 20:29.88 - 25m: 19:59.88	
<b>33. kvenna, 200m baksund</b>	-
Ím25 50m: 2:43.45 - 25m: 2:39.47	
<b>34. karla, 200m skriðsund</b>	-
Ím25 50m: 2:16.95 - 25m: 2:14.99	
<b>35. kvenna, 100m flugsund</b>	-
Ím25 50m: 1:13.43 - 25m: 1:11.64	
<b>36. karla, 50m flugsund</b>	-
Ím25 50m: 30.63 - 25m: 29.83	
<b>37. kvenna, 50m bringusund</b>	-
Ím25 50m: 39.90 - 25m: 38.93	
<b>38. karla, 200m bringusund</b>	-
Ím25 50m: 2:49.72 - 25m: 2:45.33	
<b>39. kvenna, 100m skriðsund</b>	-
Ím25 50m: 1:07.83 - 25m: 1:06.18	
<b>40. karla, 100m baksund</b>	-
Ím25 50m: 1:09.57 - 25m: 1:07.78	
<b>41. kvenna, 200m fjórsund</b>	-
Ím25 50m: 2:48.29 - 25m: 2:44.19	
<b>42. karla, 800m skriðsund</b>	-
Ím25 50m: 10:12.33 - 25m: 9:56.48	
<b>45. kvenna, 4 x 100m fjórsund</b>	-
<b>46. karla, 4 x 100m fjórsund</b>	-